

rockyheron and rockyheronmusic



rockyheron  NEW MUSIC RELEASE WEEK! 🎵🎶

The Generator in me is full of light because of all the creativity I get to share this week. But it is full on!

This is how Generators like me find purpose and meaning in life - by offering their light to the world. I am blessed to do that with my art (learn more [@my.humandesign](#))

It all starts on Tuesday when I partner with [@yoga\\_international](#) to offer a FREE LIVE class merging my two passions—yoga and music! I will be serenading attendees to nourish their souls as they nourish their bodies with yoga. You won't want to miss it! (I'll be playing a live rendition of BURNING MAN and offering an exclusive first look at the video!)

On Wednesday, I am releasing the music video for BURNING MAN on YouTube, and I'd love for you to join me in watching the premiere!



Liked by [eatkim](#) and others

JUNE 20



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stag



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Burning Man



COMING SOON! 🔥🎥

If you are a fellow artist or have a dream, you know how it feels to hold your vision inside awaiting for it to be unleashed into the world. If you do not get it out of your mind and into reality, it will weigh on you until it's created.

That is how the concept of my video for my upcoming single BURNING MAN was to me.

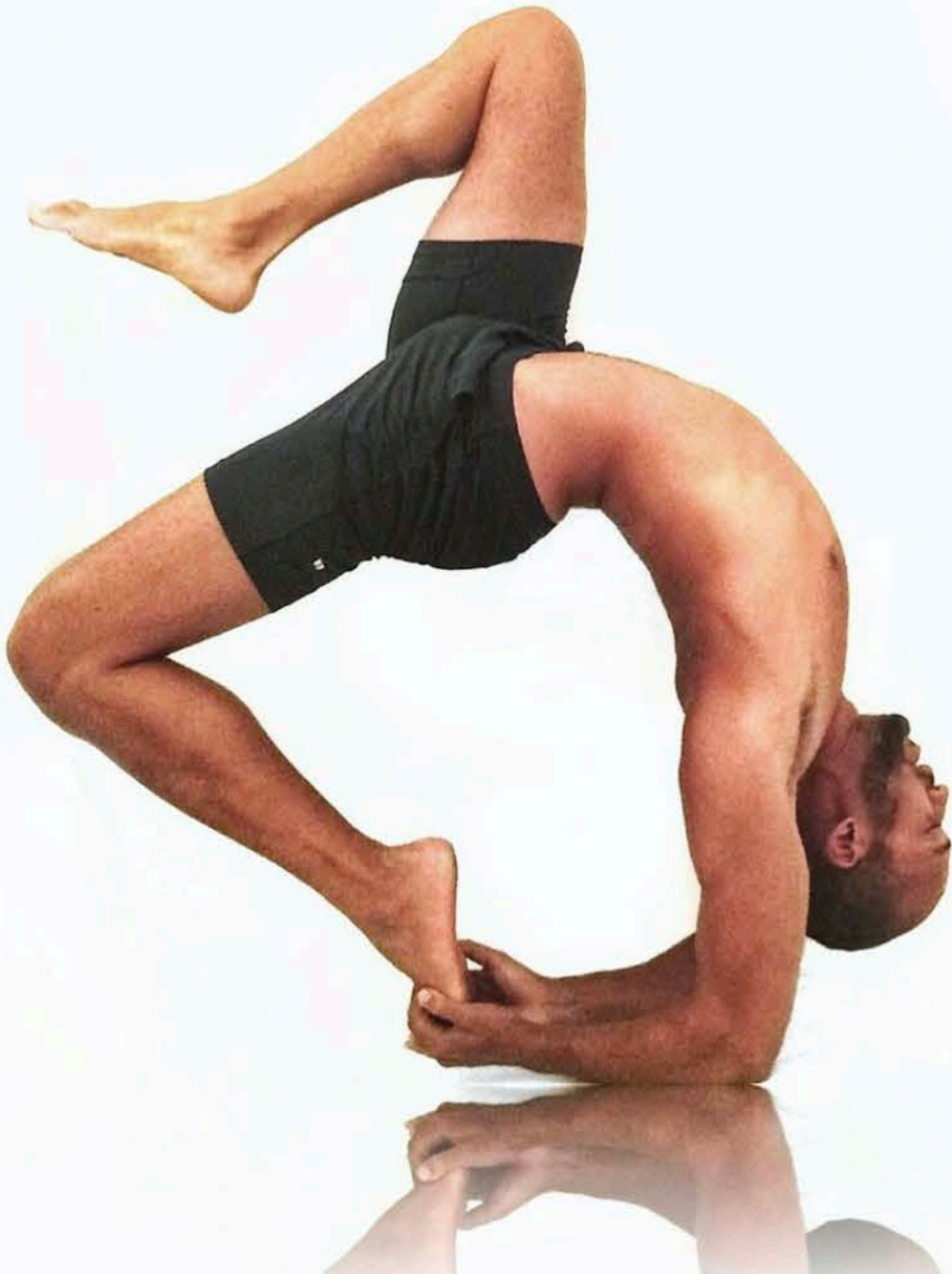
Everywhere I looked, I saw hints of it. It was calling to me, so I answered! This video represents the most honest expression of who I am in all my many facets, and is the first time I've shared anything that I feel truly reflects all that I am.

Creating this song and producing this video was a true labor of sincere love and authentic expression, and I have never felt more satisfied in its completion. It was one of the most memorable moments of my career, and my first time stepping into the role of Creative Director. I cannot wait to show you the




Liked by **lynette\_rene\_doby** and **1,514 others**

JUNE 15



rockyheron and noahmaze



**rockyheron**  Outer flexibility cannot function without inner strength and awareness ✨

Stretch yourself to learn who you are and help others become who they are meant to be.

Make the difference—Awaken the Teacher Within, and sign up for our 200-Hour Online Teacher Trainer to transform, increase your flexibility and self-awareness, while learning to facilitate the same for your students!

The link is in the bio! Let's get to work! 🦋

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#yogapractice #yogainspiration #love #workout #motivation  
#yogi #yogalife #yogateacher #teachertraining #flexibility  
#movement #yogalove #streamsofincome #passion #teach  
#momentumyoga #themazemethod



Liked by mitra\_yoga\_studio and others

MAY 5



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Come visit us at our newest location  
1225 Johnson Ferry Road in Marietta, GA,  
30068! Not much has changed—just the  
location! See you soon!

We want to take a moment to say thank you! You have given  
us grace as we faced the challenges of reopening during a  
global pandemic, in a new location, and with staffing issues.  
We love and appreciate you! Here's to 42 years and counting!

#authentic #Greek #food #atl #restaurant #food  
#foodie #pizza #deliciousfood

#kouzinachristos #family #restaurant #Greek #food  
#Marietta #GA #foodie #work #blessed #grateful #forty-two



At Christos Kouzina, we provide only the  
freshest ingredients for you and your  
family to enjoy. Christos drives to Osage Farms  
in Raburn, GA, to get the plumpest tomatoes for  
our Gyros and other traditional dishes. We pick  
only the best for you!

We are looking for servers! So, if you are (or  
know) someone who thrives in a busy  
environment, wants to make good money, who  
wants to be a part of a winning team, you  
should stop by or send them our way!

#fresh #ingredients #tomatoes #gyro #foodie  
#food #Greek #food #Greece #marietta #GA  
#authentic #food  
#osagefarms

#kouzinachristos #Greek #food #server  
#restaurant #foodie #marietta #GA #servers  
#wanted